

3rd INTERNATIONAL StuCON 2026

CONFERENCE REPORT

GLOBAL HEALTH CHALLENGES AND LOCAL SOLUTIONS

RASHID LATIF KHAN GROUP

RASHID LATIF MEDICAL COLLEGE

RASHID LATIF KHAN UNIVERSITY

ARIF MEMORIAL TEACHING HOSPITAL

HAMEED LATIF HOSPITAL

LIFE LAHORE INSTITUTE OF FERTILITY & ENDOCRINOLOGY

RLKU MEDICAL COLLEGE

HAMEED LATIF TEACHING HOSPITAL

RASHID LATIF DENTAL COLLEGE

Conference Report

3rd INTERNATIONAL StuCON 2026

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Principal, RLMC

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RASHID LATIF
DENTAL COLLEGE

Preface

The 3rd International Integrated Student Conference (**StuCon'26**) stands as a remarkable milestone in the journey of student-led academic and professional development at Rashid Latif Medical College. Built upon the vision of fostering collaboration, innovation, research, and interdisciplinary learning, **StuCon'26** brought together students and professionals from diverse backgrounds under one platform to exchange knowledge, challenge conventional thinking, and transform ideas into meaningful experiences.

This report has been prepared to document the planning, execution, academic activities, and overall outcomes of the 3rd International Integrated **StuCon'26**. It aims to provide a comprehensive account of the efforts invested by the organizing committee, faculty, volunteers, speakers, judges, participants, and all those who contributed to making the conference a success.

The conference featured a diverse range of academic and co-curricular activities, including research presentations, workshops, seminars, poster and oral sessions, Mind-Merge, Metaphoric Role Play, MedMaze, Pitch Perfect, and other multidisciplinary competitions. These activities were designed not merely to assess knowledge, but to encourage critical thinking, communication, teamwork, creativity, leadership, and the practical application of learning.

As Conference Secretary and Scientific Head, I had the privilege of witnessing this journey from planning and conceptualization to execution. The experience reinforced a fundamental belief: meaningful student development extends far beyond textbooks and classrooms. It emerges when students are given the opportunity to question, create, collaborate, lead, and learn from one another.

This report is therefore more than a record of events. It is a reflection of the collective dedication, perseverance, and teamwork that shaped **StuCon'26**. Every session conducted, presentation delivered, challenge overcome, and idea shared contributed to the story of this conference.

I would like to express my sincere gratitude to the respected faculty, administration, organizing committee, volunteers, participants, speakers, judges, and every individual who contributed to the successful realization of **StuCon'26**. Their trust, guidance, and commitment transformed a vision into an experience that will remain a meaningful part of our institutional journey.

May this report serve not only as a documentation of what was accomplished, but also as a foundation upon which future editions of **StuCon** can build, innovate, and aspire to even greater heights.

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Patron-In-Chief
Prof. Rashid Latif Khan



As Patron-in-Chief, it gives me immense pride to reflect on the resounding success of 3rd International Student Conference – **StuCon'26**. What began as an initiative to empower our students for excellence in research and professional growth has grown into a true celebration of intellect, innovation, and collaboration. Watching our students present their research, engage confidently with distinguished national and international experts, and exchange ideas through oral presentations, poster sessions, and think tanks was a testament to the vision we set out to achieve.

This success did not happen by chance. It is the result of the tireless efforts of our organizing committee, our chief organizers, conference secretary, and faculty, who worked with unwavering dedication to bring this platform to life.

Their commitment ensured that participants gained not only a deeper understanding of their subjects but also practical skills that will serve them well beyond the conference halls. It is this spirit of collaborative learning that continues to set **StuCon** apart as a benchmark for academic growth within our institution and beyond.

StuCon has once again reaffirmed our commitment to advancing healthcare education and nurturing the next generation of researchers and professionals. I remain firmly dedicated to supporting initiatives that invest in the intellectual and practical growth of our students, preparing them to meet the challenges of tomorrow's healthcare landscape with confidence and competence. My heartfelt congratulations go out to everyone whose hard work and enthusiasm made this achievement possible.

Warm Regards,
Prof. Dr. Rashid Latif Khan

StuCON A QUICK WRAP-UP

60+ INSTITUTES

SIALKOT MEDICAL COLLEGE
LAHORE COLLEGE FOR WOMEN UNIVERSITY
CMH LAHORE MEDICAL COLLEGE
JINNAH MEDICAL & DENTAL COLLEGE
FMH COLLEGE OF MEDICINE & DENTISTRY
COLLEGE OF NURSING, UCHS/THE CHILDREN'S HOSPITAL, LAHORE
UNIVERSITY OF LAHORE
FMH INSTITUTE OF ALLIED HEALTH SCIENCES
NUR UNIVERSITY
FATIMA JINNAH MEDICAL UNIVERSITY
ABWA MEDICAL COLLEGE
LAHORE UNIVERSITY OF BIOLOGICAL & APPLIED SCIENCES (UBAS)
UNIVERSITY OF THE PUNJAB
RASHID LATIF KHAN UNIVERSITY

AKHTAR SAEED MEDICAL & DENTAL COLLEGE
UNIVERSITY COLLEGE OF MEDICINE AND DENTISTRY (UCMD)
ABU AMMARA MEDICAL COLLEGE
AL ALEEM MEDICAL COLLEGE
M ISLAM MEDICAL COLLEGE

1600+ REGISTRATIONS
FROM ALL OVER PAKISTAN

RASHID LATIF MEDICAL COLLEGE
KING EDWARD MEDICAL UNIVERSITY
RASHID LATIF COLLEGE OF PHARMACY
RASHID LATIF COLLEGE OF NURSING
ALLAMA IQBAL MEDICAL COLLEGE
SHALAMAR MEDICAL & DENTAL COLLEGE
BAKHTAWAR AMIN MEDICAL & DENTAL COLLEGE
RLKU MEDICAL COLLEGE
AMDC
SHARIF MEDICAL & DENTAL COLLEGE

AVICENNA MEDICAL COLLEGE
ULSTER HOSPITAL SCHOOL
TRINITY
AND TECHNOLOGY
NATIONAL UNIVERSITY OF SCIENCES
SIR GANGA RAM HOSPITAL, LAHORE
CENTRAL PARK MEDICAL COLLEGE

NATIONAL UNIVERSITY OF COMPUTER & EMERGING SCIENCES (NUCES/FAST)
UNIVERSITY MEDICAL AND DENTAL COLLEGE, FAISALABAD
CONTINENTAL
UNIVERSITY OF MANAGEMENT AND TECHNOLOGY (UMT)
MEDICAL COLLEGE
FOUNDATION UNIVERSITY ISLAMABAD
LEARNING ALLIANCE INTERNATIONAL
GOVERNMENT COLLEGE UNIVERSITY, FAISALABAD
FORMAN CHRISTIAN COLLEGE
PAK RED CRESCENT MEDICAL AND DENTAL COLLEGE
THE AGA KHAN UNIVERSITY
THE ISLAMIA UNIVERSITY OF BAHAWALPUR
GREEN INTERNATIONAL UNIVERSITY
FATIMA MEMORIAL MEDICAL & DENTAL COLLEGE
UNIVERSITY OF HEALTH SCIENCES
UCP (UNIVERSITY OF CENTRAL PUNJAB)
LMDC
AMNA INAYAT MEDICAL COLLEGE
NIAZI MEDICAL & DENTAL COLLEGE, SARGODHA
RASHID LATIF DENTAL COLLEGE
AZIZ FATIMA MEDICAL COLLEGE, FAISALABAD
UMT
NUST
UNIVERSITY OF SARGODHA

INTERNATIONAL ISLAMIC UNIVERSITY, ISLAMABAD
UNIVERSITY HOSPITAL BIRMINGHAM
UNIVERSITY OF AGRICULTURE, FAISALABAD
RESEARCH CENTRE FOR HEALTH SCIENCES, UOL

STUCON RECEPTION & REGISTRATION

The Reception and Registration Committee of **3rd International STUCON 2026** warmly welcomes our esteemed guests and delegates.

Their dedication and hospitality ensure a smooth and memorable experience for all participants. Together, we set the stage for a successful and inspiring academic gathering.



















STUCON RECEPTION

Rashid Latif Medical College had the privilege of welcoming the Honourable Speaker of the Punjab Assembly, **Malik Muhammad Ahmad Khan**, at the Opening Ceremony of the **3rd International STUCON 2026.**





His gracious presence added prestige and significance to this international academic gathering. The occasion reflected RLMC's commitment to academic excellence, leadership, innovation, and student development.











OPENING CEREMONY

The **3rd International StuCon 2026**, hosted by Rashid Latif Medical College, once again brought together scholars, researchers, and students from a diverse range of institutions to celebrate academic excellence, research, and innovation. Building on the success of its predecessors, this edition of the conference reaffirmed RLMC's commitment to fostering a culture of scholarly inquiry and international collaboration.



The opening ceremony was conducted with great dignity and was formally hosted by the Conference Secretary, who welcomed the distinguished gathering and set the tone for the proceedings.



The ceremony commenced with the recitation of the Holy Quran, invoking divine blessings upon the event. This was followed by the opening address delivered by Prof. Dr. Tahir Masood, who welcomed the participants and outlined the vision and objectives of this year's conference.



The ceremony was further honored by remarks from the International Ambassadors of **Palestine** and **Thailand**, **His Excellency Dr. Zuhair Mohammad Hamdallah Zaid** and **His Excellency Mr. Rongvudhi Virabutr** respectively, whose presence underscored the conference's growing international stature and its role in strengthening academic and diplomatic ties across borders.





The Patron-in-Chief, **Prof. Dr. Rashid Latif Khan**, then graced the occasion with his address, reflecting on the institution's legacy and its enduring dedication to academic and research excellence.





The highlight of the ceremony was the address by the Chief Guest, Speaker of the Punjab Assembly, **Malik Muhammad Ahmed Khan**, who commended the students for their dedication to research and innovation and encouraged them to continue contributing meaningfully to their fields.

The opening ceremony concluded with a shield distribution ceremony, in which shields of appreciation were presented to the Chief Guests, Chief Organizers, **Prof. Dr. Mudassar Ali, Prof. Dr. Sadia Qureshi & Dr. Kainat Javed,** heads of all participating institutes, and the Conference Secretary, **M. Saad Ikram**, in recognition of their invaluable contributions to the success of the event.


Rashid Latif Khan Group


Rashid Latif Khan Group
PRESENTS


Rashid Latif Khan Group
PRESENTS


Rashid Latif Khan Group
PRESENTS


Rashid Latif Khan Group
PRESENTS


Rashid Latif Khan Group
PRESENTS



PRE-CONFERENCE WORKSHOPS

1. AI: Your co-pilot, not the pilot
2. Decoding Lab Reports and Making Diagnosis
3. Basic & minimal accesss surgical skills.
4. The AI-Enhanced Researcher: From Research Idea to Publications
5. Learning by Theatre: Developing Leadership Competencies in Young Doctors
6. Essentials of trauma management.
7. Beyond the Stethoscope: Mastering the Art of Communication & Interviews
8. Basics of Medical Research
9. The architecture of AI communication: From Questions to Solutions
10. Journey from gross to microscopic world
11. Managing Ophthalmic Emergencies
12. Obs Emergencies
    1. Vertigo Roulette (Spin the wheel of dizziness)
    2. Foreign body FBI (Ear / Nose / Throat detective)
    3. Larynx lift (Intubation race)
13. Cracking the case: From symptoms to diagnosis
14. RADANAT
15. Medical Mysteries: When Tests are Normal but Patients Still Suffer
16. Code Blue AI: Inside the Virtual Resus Room
17. Role of Diagnostic Laparoscopy and Diagnostic Hysteroscopy in Gynaecology
18. Social Accountability: The Student's Role in Improving Community Health
19. Neonatal Airway & Vascular Access Workshop
20. How to become shaper and mover?
21. Augmentative and Alternative Communication (AAC) Resources and Devices Used in Speech Therapy.
22. Role of Contrast media in Diagnostic Imaging
23. Small Molecules to Medicine: A Hands-On Workshop on Molecular Docking and Computer-Aided Drug Design
24. Emerging Applications of Precision Nutrition and Gut Brain Axis Science: Translating Research into Practice
25. Empowering Consumers for Healthier Choices: Understanding Food Labels & Front-of-Pack Warning Systems in Preventing NCDs
26. Hands-on Molecular Docking in Computational Research: Practical Approaches to Protein-Ligand Interaction Analysis
27. Hands on Workshop: Advanced Animal Handling and Experimental Innovation in Cardiovascular Research
    Suicidal Risk Assessment and Management (2) Diagnostic Frameworks and Assessment Tools for Neurodevelopmental Disorders (2)
28. Advance Training in Good Laboratory Practices and HPLC based Blood Sampling Analysis
29. Emerging Trends in Operation Theatre Technology Innovation, in Shaping the future of Surgical Care
30. Hands on training on pharmacology networking and bioinformatics in drug discovery
31. Bridging Research Methodology and Nanotechnology: From Concept Development to Publication
32. Understanding and Recovering from Narcissistic Abuse: An Integrated Approach
33. Pharmacovigilance and Patient Safety: From Adverse Drug Reaction Reporting to Risk Management
34. The Role of Simulation based Learning in Medication Safety
35. Beyond the Clinic Walls – The Future of Physical Therapy Through Tele-Rehabilitation
36. Moving Beyond the Plinth: Exploring the Future of Manual Therapy Through Applied Functional Science and Functional Manual Reaction
37. The importance of antenatal care for maternal and fetal health

PRE-CONFERENCE WORKSHOPS

38. Post op excellence in women's health
39. Approach to a short child
40. Presentation skills
41. Rising Burden of Hypertension and ischemic heart diseases in Pakistan
42. The Other Side of Stethoscope
    Beyond the cuff: role of micro nutrients in blood pressure regulation
43. Medicolegal Certification: Bridging Clinical Evidence and Legal Requirements
44. The Thyroid National Bank: Deposit, Security and Hormone Currency
45. SPOT THE CELL, SOLVE THE CASE
46. Leadership Skills for Medical Students
47. From Spark to Strip- Understanding the Physiology Behind the
48. ECG
49. Basic Implantology Workshop
50. Workshops by Department of Psychology
51. Workshops by Department of AHS
52. Workshops by Department of Nursing
53. Workshops by Department of Physical Therapy
54. Workshops by Department of Pharmaceutical Sciences













PRE-CONFERENCE WORKSHOPS




















STUCON SEMINAR ON PROFESSIONALISM & ETHICS

The Post-Conference Seminar on Professionalism and Ethics was held on Sunday, 30th August, at the Expo Center as part of the conference activities. The session was delivered by Professor Dr. Usman Amin Hotiana, who provided an insightful presentation on the fundamental principles and criteria of professionalism and ethics.







The seminar focused on the essential qualities and standards expected of a professional, while also addressing the challenges faced by our community in maintaining professionalism in different settings. Prof. Usman Amin discussed the underlying causes and factors contributing to these challenges and emphasized the importance of understanding professionalism within different professional, social, and situational contexts.





The session was attended by both students and faculty members, providing an opportunity for meaningful learning and reflection. A key takeaway from the seminar was that the perception and application of professionalism may vary across different places, circumstances, and stages of professional life, making adaptability, awareness, and ethical conduct essential qualities for every professional.



The seminar was followed by an engaging question-and-answer session, during which undergraduate and postgraduate students actively participated and raised thought-provoking questions.



STUCON SEMINAR ON CAREER COUNSELING

The event provided medical students and graduates with structured guidance on international and domestic career pathways, featuring detailed presentations by guest speakers and subject matter experts.

KEY SPEAKER SESSIONS & CAREER PATHWAYS:

1. Canada Express Entry Pathway (DR. QASIM)
Presented comprehensive insights into the immigration process, credential recognition, and licensing steps required for medical practice and residency in Canada.



2. UK & Saudi Arabia Medical Pathways (DR. HAFIZ UR REHMAN)
UK Pathway (MRCEM): Detailed the Membership of the Royal College of Emergency Medicine route for entering emergency medicine practice in the UK.
Saudi Arabia Pathway (SMLE): Outlined the examination structure and licensure requirements for entering the Saudi healthcare system via the Saudi Medical Licensing Examination.



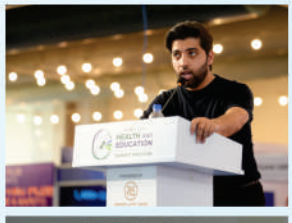




3. Surgical Career Pathway in the UK (DR. SHAZEENA)
Focused on the Membership of the Royal College of Surgeons qualification, outlining the postgraduate surgical training roadmap and integration into the NHS framework.

4. Medical Scribing Opportunities (DR. ARSLAN – Scribe Runners)
Introduced remote professional opportunities for local medical students and graduates, highlighting roles as clinical scribes for US-based healthcare providers and documentation systems.











CHIEF GUEST /GUEST OF HONORS
JUDGES / CHAIRS / CO-CHAIRS



MALIK MUHAMMAD AHMAD KHAN
SPEAKER PUNJAB ASSEMBLY



DR. MUSADIK MASOOD MALIK
FEDERAL MINISTER



KHAWAJA SALMAN RAFIQUE
MINISTER OF SPECIALIZED HEALTH



H.E MR. RONGVUDHI VIRABUT
AMBASSADOR OF THAILAND



H.E DR. ZUBAIR MOHAMMAD HAMADALLAH
AMBASSADOR OF PALESTINE



PROF. ANILA JALEEL
SHALAMAR MEDICAL COLLEGE



PORF. MUHAMMAD SHOAIB
KEMU



PROF. AMINA TAHIR
ALLAMA IQBAL MEDICAL COLLEGE



PROF. NAGHMA LATIF
FJMU

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JUDGES / CHAIRS / CO-CHAIRS



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EX PRINCIPAL, GUJRANWALA MEDICAL COLLEGE



PROF. TASSADUQ HUSSAIN
CPMC



PROF. AMBREEN TAUSEEF
CMH



PROF. MUHAMMAD SHAKIL
KEMU



CH. MUHAMMAD ILYAS KHAN GUJJAR
CHAIRPERSON STANDING COMMITTEE
HEALTH PUNJAB



PROF. ABUL FAZAL ALI KHAN



PORF. RASHID USMAN
VASCULAR SURGEON, CMH, LAHORE



PROF. SAMAN SAEED
HEAD RESEARCH LAB, FAST LAHORE



PROF. ARHAM NAWAZ CHOHAN
CMH, LAHORE

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DR. USMAN AHMAD
ASSOCIATE PROFESSOR, PINS LGH, LAHORE



PROF. ABRAR ASHRAF
KING EDWARD MEDICAL UNIVERSITY



PROF. QURRATULAIN AMIR
RAHBAR MEDICAL & DENTAL COLLEGE



PROF. SADAF YOUSAF
CENTRAL PARK MEDICAL COLLEGE



PROF. SHAHID MEHMOOD SETHI
UHS LAHORE



DR. SHAZIA TUFAIL
ASSOCIATE PROFESSOR
ALLAMA IQBAL MEDICAL COLLEGE



DR. ALISHBA
AMEER UD DIN MEDICAL COLLEGE



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DIRECTOR RESEARCH CENTRE FOR HEALTH SCIENCES (RCHS)
THE UNIVERSITY OF LAHOEE



DR. ZESHAN WADOOD
HOD OF ALLIED HEALTH & MOLECULAR SCIENCES AT
LAHORE GARRISON UNIVERSITY

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JUDGES / CHAIRS / CO-CHAIRS



DR. TALHA SHABBIR
PINS/LGH



DR. MUHAMMAD NAVEED
PROFESSOR OF BIOTECHNOLOGY
UNIVERSITY OF CENTRAL PUNJAB



PROF. DR. ZAHEER AKHTAR
GULAB DEVI TEACHING HOSPITAL



DR. SHAZIA SIDDIQUE
KING EDWARD MEDICAL UNIVERSITY



AMTUL INATAT
DEPUTY NURSING SUPERINDENT
CHILDREN HOSPITAL LAHORE



MR. SARFRAZ MASIH
PRINCIPAL, SCHOOL OF NURSING
UNIVERSITY OF LAHORE

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MR. MALIK NAEEM AKRAM
CEO, SYNTAXMATIC TECHNOLOGIES
(SMX-PRIVATE LTD.)



SYED OMAR SHARIF BOKHARI
CEO BLISS INTERNATIONAL FOUNDER
& CEO EAZZMOR



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MANAGING DIRECTOR,
INDUS VENTURE (USA)



RAHEEL RAHMAN
EXECUTIVE DIRECTOR
PAKISTAN CHILDREN HEART
FOUNDATION (PCHF)



TABINDA ISLAM
CEO ARFA KARIM FOUNDATION
DIRECTOR ARFA KARIM
TECHNOLOGY INCUBATOR



PRO. AMBREEN ANJUM
AL ALEEM MEDICAL COLLEGE



PROF. ZAIMA ALI
LMDC

INTERNATIONAL SPEAKERS

GLOBAL HEALTH CHALLENGES AND LOCAL SOLUTIONS

International Speakers & Facilitators



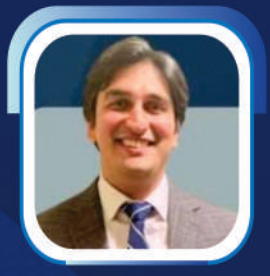
MUHAMMAD BURHAN TAHIR
MASTER OF APPLIED COMPUTING
WILFRID LAURIER UNIVERSITY, CANADA



DR. ZAKARIA GARARA
DARLINGTON MEMORIAL HOSPITAL
RESIDENT DOCTOR



DR. MARVA JAVED
POSTDOCTORAL RESEARCH ASSOCIATE
DEPARTMENT OF FOOD SCIENCE & HUMAN NUTRITION
MICHIGAN STATE UNIVERSITY



DR. TAHIR ASIF
ST7 PSYCHIATRY TRAINEE
LONDON



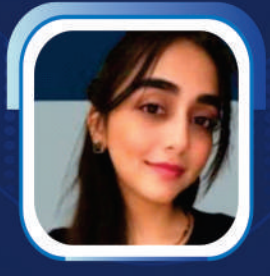
MAHTAB ZAFAR
URC FOUNDER & CEO, WORKING AT 6 DIVISIONS,
PAKISTAN, USA, UK, MALAYSIA, GEORGIA



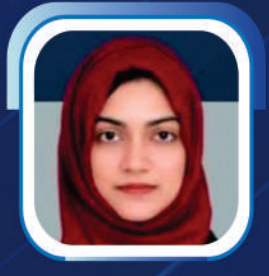
DR. HADI CHISTI
MRCP(UK) MENTOR & PACES TOP SCORER
PRESIDENT RLMC INTERNATIONAL ALUMNI ASSOCIATION
ACUTE MEDICINE TRAINEE
NORTH EAST ENGLAND



DR. ZIA UL HAQ
ASSOCIATE DIRECTOR BIO STATISTICAL
PROGRAMMING ASTRAZENECA BARCELONA CATALONIA
SPAIN



DR. MISHAAL IFTIKHAR
CLINICAL FELLOW IN INTERNATION MEDICINE
NHS ENGLAND



DR. ZUBAIDA
PORTSMOUTH NHS TRUST
CLINICAL FELLOW EMERGENCY MEDICINE
QUEEN ALEXANDRA HOSPITAL

2ND ALUMNI DINNER

The Alumni Dinner at Rashid Medical College was organized as a memorable gathering aimed at bringing together alumni, recent graduates, current students, and faculty members under one roof. The event provided a wonderful opportunity for former students to reconnect with their peers and professors, share their experiences, and revisit the cherished memories associated with their college years.







The evening was filled with a lively blend of entertainment and interaction. Musical performances, a drama, and a variety of fun and engaging activities added to the energy of the event. The interactions between alumni, graduates, students, and faculty members created a warm and welcoming atmosphere, allowing members from different batches to reconnect, exchange stories, and celebrate the lasting bond they share with the institution.



The event also provided an opportunity for alumni to reflect on their journey since graduation and share valuable experiences with the younger generation. These interactions helped strengthen the sense of community within Rashid Medical College and highlighted how the relationships formed during college continue to remain meaningful long after graduation.







2ND ALUMNI DINNER

Special appreciation is extended to Dr. Mudassar Ali for his valuable contribution, guidance, and efforts toward making the event a success. Sincere appreciation also goes to Dr. Khalil and Dr. Taha Ijaz for their continued support and encouragement. The coordination and efforts of Dr. Farhan Akhtar, along with the entire organizing team, played an important role in ensuring the smooth execution of the evening.















Overall, the Alumni Dinner was a memorable and enjoyable gathering that brought together different generations of the Rashid Medical College community. Filled with laughter, meaningful conversations, entertainment, and nostalgia, the evening not only celebrated the institution's past and present but also strengthened the sense of belonging and connection among its alumni, students, graduates, and faculty.



SCIENTIFIC SESSION

The Scientific Sessions of the 3rd International Integrated StuCon'26 comprised Oral and Poster Presentations, providing participants with a platform to showcase their research, exchange scientific knowledge, and engage in meaningful academic discourse.



This year, the conference received an impressive 200 + abstracts, marking a significant achievement and reflecting the growing interest in research and academic excellence among students. The remarkable response further strengthened the scientific component of StuCon'26 and highlighted the conference's expanding reach as a platform for student-led research and scholarly exchange.

ORAL PRESENTATIONS

The Oral Presentations on Day 1 of **StuCon'26** were divided into three major categories: Surgery & Allied Sciences and Artificial Intelligence, Medicine & Allied Sciences, and Basic Sciences & Public Health. Students and faculty from various medical institutions participated, creating a diverse and engaging academic environment.

SURGERY & ALLIED SCIENCES AND ARTIFICIAL INTELLIGENCE

The session was held on 28 August 2026 at LH-3, Rashid Latif Medical College, and was chaired by Dr. Abul Fazal Ali Khan, with Dr. Maham Janjua as Co-Chair. Prof. Dr. Rashid Usman was also present. Maheel and Pareesa served as Facilitators, Aliza as Co-Facilitator, and Sharmeen and Yumna as Moderators.



The presentations covered rare surgical conditions, oncology, antenatal health, and the emerging role of Artificial Intelligence in healthcare.







Notable presentations included a rare intramuscular hydatid cyst of the thigh, recurrent spindle cell carcinoma, AI applications in predicting neuropsychiatric disorders through the gut-brain axis, and medical conditions among antenatal patients.





The presentation on the Gut-Brain Axis and Artificial Intelligence by Prof. Dr. Saman Shahid from NUCES was particularly appreciated for its preparation, depth, and delivery. The session concluded with Syeda Minahil Fatima and Eesha Sultan from Al-Aleem Medical College securing First Position.

ORAL PRESENTATIONS

MEDICINE & ALLIED SCIENCES

The Medicine & Allied Sciences session was held at LH-1 and chaired by Prof. Zaheer Akhtar, with Dr. Shazia Siddiqi as Co-Chair. The session was supervised by Dr. Asma Kazi and Prof. Anjum Butt, while Prof. Sadaf Yousaf led the judging panel.

Participants presented research on a variety of clinical topics, including acute coronary syndrome, allergic rhinitis, GLP-1 agonists, ARNI therapy, atherogenic lipids, oesophageal cancer, and Hodgkin lymphoma. The presentations were followed by question-and-answer sessions, allowing judges to assess participants' understanding and provide feedback on research methodology and presentation skills.







The results were announced at the end of the session, with Bilal Naeem from Sialkot Medical College securing First Position, Muhammad Ahmed from Rashid Latif Medical College Second Position, and Kashf Younas from Bakhtawar Amin Medical College, Multan, Third Position.





ORAL PRESENTATIONS

BASIC SCIENCES & PUBLIC HEALTH

The Basic Sciences & Public Health session was conducted at LH-2 and chaired by Prof. Dr. Quran Ul Ain Amir, with Prof. Dr. Shahid Mahmood Sethi also present. Dr. Usman Ahmad Kamboh served as judge. Prof. Sofia oversaw the session, while Bushra Shaukat served as Facilitator, Areeha Ashraf as Co-Facilitator, and Noor Fatima as Moderator.





The session featured research related to sleep and academic performance, Artificial Intelligence in medical education, postnatal care, mortality trends, noncommunicable diseases, lymphoma, and other public health concerns. Judges actively engaged with participants and encouraged students to focus more on research they had conducted themselves, emphasizing independent research skills and ownership of academic work.




After evaluation and compilation of scores, M. Umar Imtiaz was declared Winner, Haadia Rab Nawaz and Serene Khan secured Runner-up, and Izzat Amir received Third Place.




Overall, the Day 1 oral presentations provided students with an opportunity to present their work, respond to expert questions, and gain valuable feedback. The variety of topics and participation from multiple institutions contributed to a productive and collaborative academic experience.

The Oral Presentation sessions for the Dental, Pharmacy, Nursing, Physiological & Biological Sciences, Allied Health Sciences (AHS), and Doctor of Physical Therapy (DPT) departments were also conducted. The sessions featured highly talented and well-prepared students who delivered high-quality presentations on a diverse range of topics. The presentations were informative and insightful, reflecting the students' strong academic knowledge, research skills, and confidence in scientific communication.

POSTER PRESENTATIONS



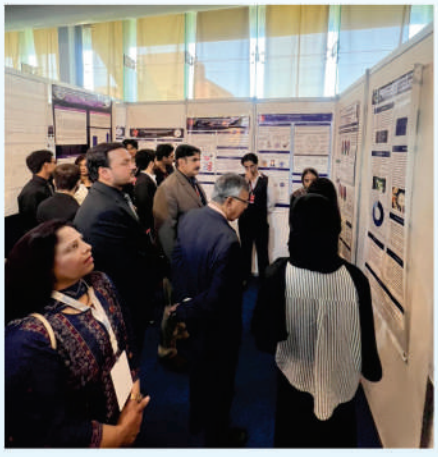
The Poster Presentation at StuCon'26 was a vibrant and intellectually engaging component of the conference, bringing together medical students and young researchers from multiple institutions. With a total of 102 abstracts submitted, the event reflected a strong interest in research, academic discussion, and innovation among the participating students.

Following a comprehensive abstract review process, selected research projects were presented in poster format, covering a diverse range of topics across medicine, surgery, public health, artificial intelligence, nutrition, systematic reviews, and other areas of healthcare and medical research. Participants represented several renowned institutions, including Allama Iqbal Medical College, The Aga Khan University, Nishtar Medical University, University College of Medicine and Dentistry, University of Lahore, Fatima Jinnah Medical University, Khalid Latif Medical College, Akhtar Saeed Medical and Dental College, Continental Medical College, CMH Lahore Medical College & IOD, and Rashid Latif Medical College, among others.



The posters were evaluated by a distinguished panel of judges, who assessed the presentations on the basis of research quality and relevance, originality, methodology, scientific understanding, presentation skills, and the presenters' ability to confidently address questions and discuss their work. The judging panel comprised Dr. Talha Sajid, Neurosurgeon at LGH; Mr. Mahtab Zafar, CEO and Founder of URC Research; Dr. Alishba Saeed, LGH; and Prof. Dr. Shazia Tufail, AIMC.

The competition concluded with Dr. Ayesha Shahid Butt and Dr. Mahnoor from Rashid Latif Medical College securing the Best Poster Presentation award, while M. Umer Imtiaz from Akhtar Saeed Medical and Dental College secured second position. Their achievements reflected the quality, dedication, and research efforts demonstrated throughout the poster session.

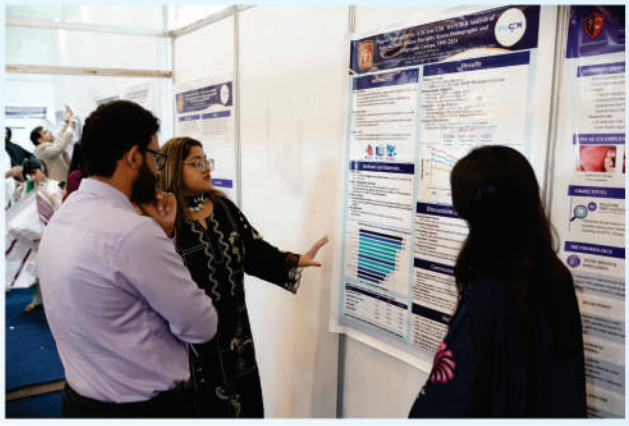




Beyond the academic competition, the poster presentation maintained a lively, welcoming, and collaborative atmosphere. The venue brought together enthusiastic students who were eager to discuss their research, explain their findings, exchange ideas, and learn from one another. The interaction between presenters, judges, faculty members, and fellow participants made the session feel less like a competition and more like a meaningful academic exchange.

POSTER PRESENTATIONS

Students confidently presented and defended their work, responded to questions from the judging panel, and engaged in discussions on a wide variety of medical and healthcare-related topics. The diversity of research presented further enriched the session, with projects ranging from clinical medicine and surgery to public health, artificial intelligence, nutrition, and systematic reviews.



The event also provided participants with an opportunity to interact with peers from different institutions, develop





confidence in scientific communication, and appreciate the importance of research alongside clinical education. For many students, it served as a valuable platform to share their work, receive constructive feedback, and gain exposure to the broader academic and research community.

Overall, the Poster Presentation at StuCon'26 was a successful and engaging academic activity that highlighted the enthusiasm, creativity, and research potential of medical students. The participation of students from numerous institutions added diversity and healthy academic competition, while the energetic and collaborative environment encouraged discussion, networking, and academic growth. More importantly, the event celebrated not only the winning presentations but also the hard work, curiosity, and research spirit of every student who contributed to making the poster session a meaningful part of StuCon'26.





MOHER: A CRISIS IN DISGUISE

MoHER began with teams representing the PMDC, Ministry of Health, Young Doctors Association (YDA), Public Sector Medical Colleges, and Private Sector Medical Colleges. Each team was given discussion topics, eight minutes to prepare, and five minutes to defend the perspective of their respective bodies.



The debate quickly became highly engaging, with the YDA challenging the Ministry of Health and PMDC, while the Public and Private sectors engaged in a spirited exchange. To further test the delegates, the Chair introduced crisis-based scenarios drawn from the arguments already raised, giving teams only five minutes to prepare. The result was an intense yet enjoyable discussion filled with quick responses, strong arguments, and even unexpected alliances.

On Day Two, the focus shifted from debate to solutions. The YDA and PMDC presented particularly strong proposals, ultimately contributing to the formation of a unanimous White Paper. The YDA secured First Position with its four-tier framework, while PMDC was declared Runner-up for its detailed solutions and emphasis on implementation and funding.





Overall, MoHER provided a dynamic platform for delegates to engage in realistic policy discussions, think critically under pressure, and work collectively towards practical solutions.





MEDMAZE

MedMaze emerged as one of the most anticipated and memorable segments of StuCon 2026, bringing together over 20 teams, 8 Institutes and 100+ participants from leading medical and academic institutions, including:

1. Sialkot Medical College
2. CMH Medical and Dental College
3. Lahore Medical and Dental College
4. Lahore University of Biological & Applied Sciences (UBAS)
5. University of Health Sciences
6. Fatima Jinnah Medical University
7. Rashid Latif Khan University
8. Akhtar Saeed Medical and Dental College





More than just a competition, MedMaze placed participants in the middle of a medical mystery where every clue mattered, and every detail could change the course of their investigation. Ten elaborately designed stations formed the maze, each filled with hidden clues, misleading information, and carefully placed red herrings. But beneath it all stood one question: What really killed the patient?



Teams had to piece together the evidence, distinguish fact from distraction, and follow the trail before time ran out. Observation, critical thinking, teamwork, and quick decision making were put to the test as participants worked their way through the maze in search of the answer.

As judges, we evaluated teams on the clues they identified, the hidden links they uncovered, their reasoning and confidence, and how effectively they presented their conclusions. The competition was intense, with teams constantly having to question what they saw and reconsider what they thought they knew. Despite the pressure, all participating teams performed beyond expectations and brought an impressive level of enthusiasm and intellect to the challenge.

MedMaze was widely praised for its unique concept, creative execution, and ability to turn learning into an immersive experience. It allowed participants to apply their medical knowledge in an unfamiliar setting while developing skills that extend far beyond the classroom. Combining mystery, competition, and learning, MedMaze became one of the defining highlights of StuCon 2026 and was recognised as one of its most unique and well-executed segments. The enthusiastic response from both participants and faculty was a testament to the impact and success of the event.





PITCH PERFECT

ORGANIZED BY: RLMC DRAMATIC SOCIETY



Pitch Perfect emerged as one of the most dynamic segments of the 3rd International Student Research Conference (StuCon 2026), organized by the RLMC Dramatic and Cinematic Arts Society under the chairmanship of Prof. Dr. Sadia Qureshi. Bringing together more than ten teams from institutions including Lahore Medical and Dental College (LMDC), Superior University, NUST, Green International University, and the University of Lahore, the competition provided young innovators and entrepreneurs with a platform to present and defend their ideas before industry experts.

The competition focused on innovation, feasibility, impact, and the participants' ability to communicate their vision with clarity and confidence. It was conducted in two rounds, with the strongest teams from Round 1 advancing to Round 2, where finalists presented their refined concepts and responded to questions from the judging panel.





The distinguished panel comprised Syed Omar Sharif Bhokari, CEO of Bliss International and Founder & CEO of Eazzmor; Abid Malik, Managing Director of Indus Venture (USA); Malik Naeem Akram, CEO of Syntaxmatic Technologies (SMC-Private) Limited; and Raheel Rahman, Executive Director of the Pakistan Children Heart Foundation (PCHF).

Adding to the segment's reach, Pitch Perfect was televised nationally, highlighting the creativity and entrepreneurial potential of participating students.

At the conclusion, three teams were recognized across distinct categories:

- Venture Award – Best Overall Business: Cetrizine – Oral Thin Film
- Innovation Award – Most Innovative Concept: Specto XR
- Pitchmaster Award – Best Pitch & Presentation: Aqua Bloom

The top three teams were also awarded seed money to support the further development of their projects, extending the competition beyond recognition and towards practical implementation.

Overall, Pitch Perfect successfully celebrated student innovation, entrepreneurship, and effective communication while providing emerging innovators with valuable exposure, professional insight, and resources to take their ideas forward.





INTERCOLLEGIATE METAPHORIC ROLE PLAY COMPETITION

PRESENTED BY: RLMC CONCEPT TO ACTION SOCIETY

The Concept to Action (CTA) Intercollegiate Medical Roleplay Event, held on 24 August 2026, brought together medical students from different institutes including FJMU, KEMU, Shalamar Medical & Dental College, RLMC, RLKUMC, UCMD & CPMC on a single platform to turn medical knowledge into stories, performances, and meaningful messages.

The event was designed to take learning beyond the boundaries of the classroom. Through roleplay, students explored medical concepts and healthcare-related social issues in a way that was creative, engaging, and accessible. It provided them with an opportunity to not only demonstrate their medical knowledge, but also express themselves through storytelling, acting, teamwork, and communication.







The event witnessed enthusiastic participation from colleges across the intercollegiate community, with each team presenting a distinctive medical roleplay. The performances brought together medical knowledge and theatrical creativity, transforming clinical scenarios and healthcare issues into engaging stories for the audience. What made the event particularly meaningful was the variety in the performances. Each team approached its chosen theme from a different perspective, using dialogue, acting, and storytelling to communicate important medical and social messages. The performances demonstrated that medical education does not always have to remain confined to textbooks and lectures-it can also be felt, experienced, and communicated through stories.







The participants successfully balanced education with entertainment, keeping the audience engaged while highlighting the importance of effective communication in medicine.

Being an intercollegiate event, CTA provided students with an opportunity to step outside their own institutions, meet fellow medical students, and learn through healthy competition. Behind every performance was evident preparation, coordination, and teamwork. The participants demonstrated remarkable commitment, creativity, stage presence, and confidence. More than simply

competing against one another, the teams brought different perspectives and styles to the same platform, making the event a shared learning experience.

INTERCOLLEGIATE METAPHORIC ROLE PLAY COMPETITION

PRESENTED BY: RLMC CONCEPT TO ACTION SOCIETY

The diversity of performances and the enthusiasm of the participants added greatly to the energy and success of the event. The event truly reflected the philosophy behind Concept to Action–taking an idea and giving it a meaningful form. Through the roleplay event, CTA created a space where medical students could learn creatively, communicate effectively, work as a team, and engage with important healthcare issues beyond conventional academic settings.

Organizing an intercollegiate event with participation from more than 10 colleges was a significant milestone for CTA. It was a reflection of the dedication, coordination, and collective effort of the organizing team, as well as the enthusiasm of the participating institutions and students.





The CTA Intercollegiate Medical Roleplay Event 2026 was more than a competition. It was a celebration of creativity, communication, teamwork, and the human side of medical education.

With students from more than 10 colleges coming together, the event created a platform where medical knowledge could be transformed into stories that informed, engaged, and inspired. The performances reminded us that some of the most powerful ways of learning come from experiences that allow us to see medicine from another perspective.

The enthusiasm of the participants, the support of the organizers, and the engagement of the audience collectively made the event a memorable initiative of Concept to Action. In the truest spirit of CTA, the event turned concepts into creativity, creativity into communication, and communication into action.











MINDMERGE 2.0
ORGANIZED BY: RLMC QUIZ SOCIETY

Mind Merge 2.0 brought together teams from leading medical institutions, including Al-Aleem Medical College, Shalamar Medical and Dental College (SMDC), CMH Lahore Medical College, Fatima Jinnah Medical University (FJMU), FMH College of Medicine and Dentistry (FMHCMD), Lahore Medical & Dental College (LMDC), RLKU Medical College, and Rashid Latif Medical College (RLMC).

About the Event

Mind Merge 2.0 was designed to go beyond conventional quizzing and rote memorization. The competition emphasized clinical reasoning, observation, logic, lateral thinking, communication, and teamwork. Open to medical students across all years, it combined medical knowledge with general knowledge, music, problem-solving, and quick decision-making.





Through a series of engaging rounds, participants were challenged to think critically, work under pressure, and collaborate effectively while maintaining a competitive yet enjoyable spirit.

Round 1 - Spin the Wheel: A preliminary round testing general knowledge across diverse categories.

Round 2 - Myth or Fact: Teams identified medical statements as myths or facts and provided brief justifications.

Round 3 - Name That Condition: A music-based round in which lyrical clues helped teams identify medical conditions.

Round 4 - Diagnose Me: Teams analyzed clinical symptoms, distinguished relevant clues from red herrings, and reached diagnoses within a set time.

Round 5 - The Sphinx Speaks: Teams solved poetic medical and general riddles, progressing with each correct response.

Round 6 - Rapid Fire: The final round tested speed, accuracy, confidence, and teamwork through one-minute question bursts.



MINDMERGE 2.0

ORGANIZED BY: RLMC QUIZ SOCIETY





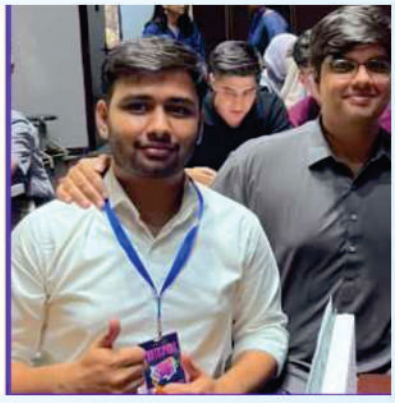
First Position: SMDC-C - Shalamar Medical and Dental College
Second Position: Axis of Ineptitude - Shalamar Medical and Dental College
Third Position: FJMU-A - Fatima Jinnah Medical University
The event was chaired by Prof. Dr. Saman Ansari, with Dr. Shama Akram serving as Co-Chair. The distinguished judging panel comprised:

- Prof. Zaima Ali - Lahore Medical & Dental College
- Prof. M. Shakeel - King Edward Medical University
- Prof. Ambreen Anjum - Al-Aleem Medical College









Mind Merge 2.0 was organized by the Rashid Latif Quiz Society, under the leadership of its Executive Council. The event reflected the society's commitment to creating meaningful academic experiences that encourage students to think beyond textbooks, engage with one another, and apply their knowledge in creative and challenging ways.



STUCON SOCIAL

ORGANIZED BY: RLMC DRAMATIC SOCIETY

On 28 August 2026, the RLMC Dramatic & Cinematic Arts Society organized its annual Student Socials under the theme "Plot Twist: The Final Act," marking a memorable finale to the journey of Batch 26.









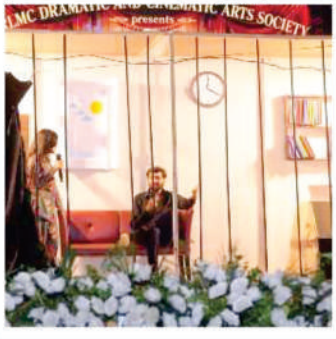


The event featured three major dance performances: a light dance led by Head of Choreography Umer Azeem, followed by a classical dance and a fusion dance, both led by Nehal Saleemi. The performances showcased the society's creativity, versatility, and continued experimentation with different forms of artistic expression.

A socially relevant mime production on kidnapping and child trauma was also presented. Chief Event Coordinator Yahya Ishaq led the production as its writer, director, and lead performer, using physical theatre and expression to convey its message.











STUCON SOCIAL

ORGANIZED BY: RLMC DRAMATIC SOCIETY



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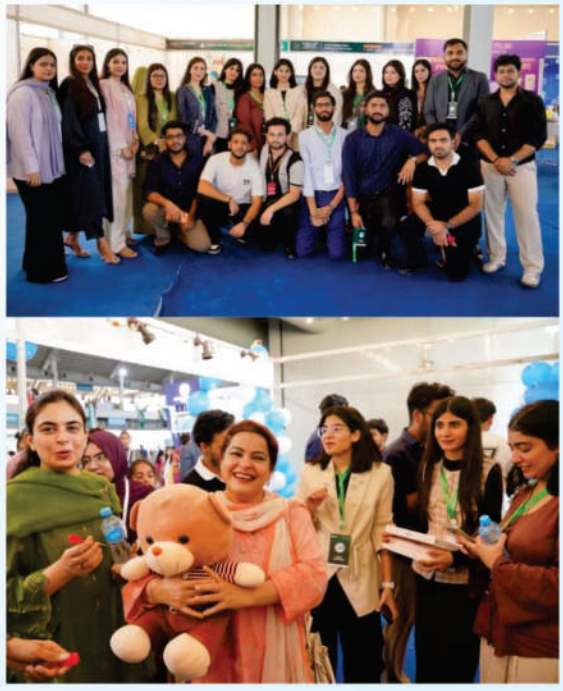
CELEBRATION, CONNECTION & LASTING MEMORIES

The final day of the 3rd International Integrated STUCON 2026 was a memorable conclusion to an event filled with learning, collaboration, and professional engagement. The day provided students, delegates, and faculty members with an opportunity to step away from the formal academic setting and participate in a range of indoor games, interactive activities, and recreational engagements.



The activities fostered an atmosphere of friendship, camaraderie, and mutual appreciation, allowing participants from diverse academic and professional backgrounds to interact in a more relaxed and informal environment. These moments helped break down conventional barriers between students, delegates, and faculty members, creating meaningful connections and strengthening the sense of community that remained at the heart of STUCON.





Beyond its academic and scientific contributions, STUCON served as a platform for building relationships, encouraging teamwork, celebrating diversity, and creating shared experiences. The final day reflected this broader vision by bringing everyone together not merely as participants of a conference, but as a community united by shared experiences and memories.

As the conference concluded, the day left participants with moments of laughter, friendship, and togetherness that extended beyond the formal proceedings. It provided a fitting conclusion to an event that celebrated not only knowledge and professional growth, but also the human connections that make such experiences truly meaningful.

Learn. Connect. Play. Celebrate. Remember.

BEST DELEGATE AWARDS

Congratulations to the outstanding delegates who demonstrated exceptional knowledge, leadership & commitment throughout the conference.








Best Delegate at Stucon which got Gold was awarded to
SIALKOT MEDICAL COLLEGE

Best Delegate at Stucon which got Silver was awarded to
FMH MEDICAL & DENTAL COLLEGE

Best Delegate at Stucon which got Bronze was awarded to
BAKHTAWAR AMIN MEDICAL & DENTAL COLLEGE MULTAN

CLOSING CEREMONY

The closing ceremony of StuCon'26 was held on 29th August 2026 at the Expo Centre, marking a memorable conclusion to the three-day conference. The ceremony was graced by Khawaja Salman Rafique (Minister of Specialized Health) and Prof. Abrar Ashraf (Dean King Edward Medical University) as the distinguished guest, adding further significance to the occasion.







CLOSING CEREMONY

The event concluded on a celebrity note, with souvenirs presented to the organizing team in recognition of their dedication and efforts, followed by the distribution of prizes and souvenirs among the winners. The ceremony served as a fitting tribute to the collective hard work, commitment, and achievements that contributed to the success of StuCon'26.

















CLOSING CEREMONY

















APPRECIATION BY THE C.E.O

Celebrating the Team Behind STUCON 2026!
Mrs. Sabahat Khan appreciated the entire team of organizers & co-organisers for their dedication, teamwork & tireless efforts in making the 3rd International STUCON 2026 a remarkable success.








Their commitment, coordination & passion played a vital role in bringing this international student research conference to life and creating an impactful platform for students to learn, present & excel. A heartfelt appreciation for the team that worked behind the scenes to make STUCON 2026 truly unforgettable!




VOTE OF THANKS



As we come to the conclusion of the 3rd International Integrated StuCon'26, I would like to express my deepest gratitude to everyone whose efforts, support, and dedication transformed this conference from an idea into a successful reality.

First and foremost, I extend my sincere gratitude to the Chief Organizers, faculty members, and administration of Rashid Latif Medical College for their unwavering support, guidance, and trust throughout the planning and execution of StuCon'26. Their encouragement provided us with the confidence and platform to bring our vision to life.

I am especially grateful to Prof. Dr. Mudassar Ali, Prof. Dr. Sadia Qureshi & Dr. Kainat Javed for their continuous guidance, mentorship, and invaluable support at every stage of the conference. I would also like to acknowledge Ms. Sabahat Khan, CEO RLMC, and all distinguished faculty members, guests, judges, speakers, and facilitators who generously contributed their time, expertise, and experience to make this event academically enriching.

My heartfelt appreciation goes to all the participants, presenters, researchers, delegates, and students from different institutions who became the true spirit of StuCon'26. Their enthusiasm, intellectual curiosity, research work, and active participation made the conference vibrant and meaningful.

As the Conference Secretary and Scientific Head, I would also like to acknowledge the entire StuCon Executive Committee and Organizing Team. Organizing a conference of this scale required countless hours of planning, coordination, problem-solving, and teamwork, often behind the scenes. Every member who contributed-whether visibly on the front line or quietly working in the background-played an important role in making this conference possible.

As I conclude this note, I would like to acknowledge something beyond the formalities of a vote of thanks. Serving as the Conference Secretary and Scientific Head of StuCon'26 has been one of the most challenging, rewarding, and memorable experiences of my student life. From the earliest stages of planning to the final moments of the conference, this journey taught me that bringing an event of this magnitude to life requires far more than ideas-it requires resilience, teamwork, accountability, and the willingness to keep moving forward when things do not go as planned.

I am particularly thankful to the teams responsible for the scientific sessions, oral and poster presentations, workshops, seminars, Mind-Merge, MedMaze, Pitch Perfect, MoHER, CTA Metaphoric Role Play, registrations, hospitality, logistics, media, IT, and venue management. Your commitment and professionalism ensured that every aspect of the conference was carried forward with purpose.

I would also like to extend my sincere appreciation to our pre-conference workshop facilitators, scientific reviewers, judges, volunteers, and support staff, whose efforts helped maintain the academic quality and smooth execution of the event.

Finally, I would like to thank everyone who believed in the vision of StuCon-a platform that goes beyond conventional learning by bringing students together through research, collaboration, innovation, and interprofessional engagement.

StuCon'26 was never the achievement of one person or one team. It was the result of hundreds of individuals believing in one vision and contributing to it in their own way. And for me, that is the greatest success of this conference.

As Conference Secretary and Scientific Head, I began this journey with the responsibility of helping build a conference worthy of the vision behind StuCon. I leave it with immense gratitude, countless memories, and an even stronger belief that when students are trusted with responsibility and given the right platform, they are capable of creating something truly remarkable.

This chapter may now be complete, but the ideas, connections, friendships, and inspiration created through StuCon'26 will continue far beyond these pages.

Thank you for believing, contributing, and making StuCon'26 a success.

M. Saad Ikram
Conference Secretary & Scientific Head
3rd International Integrated StuCon'26
Rashid Latif Medical College

PATRONS



PROF. TAHIR MASOOD



PROF. FARRUKH ZAMAN



MS. SABAHAT KHAN

CHIEF ORGANIZERS



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THANK YOU

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